



Laura Belin &lt;laurabelin@bleedingheartland.com&gt;

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**FOR IMMEDIATE RELEASE: State Representative Jennifer Konfrst Announces Campaign for IA-03**

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Info @ <info@jenniferkonfrst.com>  
Bcc: laurabelin@bleedingheartland.com

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Hello-

Below you will find a press release regarding State Representative and Iowa House Democratic Leader Jennifer Konfrst's announcement of her campaign for Iowa's Third Congressional District.

If you have any questions, please reach out to [info@jenniferkonfrst.com](mailto:info@jenniferkonfrst.com).

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**FOR IMMEDIATE RELEASE: May 8, 2025**

**Contact:** [info@jenniferkonfrst.com](mailto:info@jenniferkonfrst.com)

**State Representative Jennifer Konfrst Announces Campaign for IA-03**

**Windsor Heights, IA** - State Representative and Iowa House Democratic Leader Jennifer Konfrst today announced her campaign for US Congress in Iowa's Third Congressional District.

In announcing her campaign, Konfrst said, "This district is my home. I grew up in Johnston public schools and graduated from Drake University. I raised my kids in Windsor Heights and my family has built our life here in Iowa. It's where I teach, and it's the community that trusted me to fight for them at the statehouse."

"I'm running for Congress because Iowans need a fighter for them in Washington and Zach Nunn isn't up to the job. Too many Iowans are being left behind and they deserve better. Our farmers need clarity and certainty. Our kids need strong public schools. . Our families need more affordable health care, child care, and housing. Our seniors need to know they can count on their hard-earned Social Security and Medicare benefits. Our veterans, just like my dad who receives health care from the VA, need to be protected from dangerous budget cuts that put their care at risk. It's time to send someone to DC who will put aside party politics and fight for Iowans."

Konfrst was first elected to the Iowa House in 2018, flipping her seat from red to blue, and has served as Iowa House Democratic leader since 2021. In the Iowa House, she's been a fierce fighter for public schools and education, reproductive freedom, affordable healthcare and housing, workers's rights, and lowering costs for Iowa's families. She lives in Windsor Heights with her husband, Lee, and teaches at Drake University. They are the proud parents of two adult children who graduated from Des Moines Public Schools.

As she launches her campaign, Konfrst is proud to have the endorsement of the following Iowa leaders:

Former State Representative Marti Anderson  
Former West Des Moines School Board Member Liz Brennan  
Iowa DNC Member and former Iowa Democratic Party Chair Scott Brennan  
Former AFL-CIO Political Director, Betty Brim-Hunter  
Greene Democrats Chair John Brunow and Ces Brunow

Former State Representative Molly Buck  
Former State Representative Sue Cahill  
Windsor Heights City Councilor Lauren Campbell  
State Senator Claire Celsi  
Former State Representative Dennis Cohoon  
State Representative Jeff Cooling  
State Representative Ken Croken  
Former State Representative Karin Derry  
State Senator Molly Donahue  
State Representative Ruth Ann Gaines  
Former State Representative Mary Gaskill  
Greene Democrats Vice Chair Chris Henning  
Former I-35 School Board Member Josh Hughes and Jack Ave  
Former State Representative Bruce Hunter  
Former Iowa Senate Democratic Leader Pam Jochum  
State Representative Heather Matson  
Former State Representative Charlie McConkey  
State Representative Amy Nielsen  
Former State Representative Jo Oldson  
Former State Representative Sharon Steckman  
Former Wapello Democrats Chair Mary Stewart  
Former Wapello Democrats Chair Diana Swartz  
Former State Representative Phyllis Thede  
State Representative Ross Wilburn, former Iowa Democratic Party Chair  
Former State Representative Mary Wolfe  
State Representative Adam Zabner

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*Learn more about Jennifer's campaign at [jenniferkonfrst.com](https://jenniferkonfrst.com).*



**Jennifer Konfrst for Congress Press Release.pdf**  
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